

# Child & Youth Resilience Measure-Revised Person Most Knowledgeable version (PMK-CYRM-R)

## PMK-CYRM-R

The questions below are designed to help us better understand how \_\_\_\_\_  
 copes with daily life and what role the people around them play in dealing with daily challenges.

i. What is your relationship with the person above (mother, father, aunt, teacher, etc.)? \_\_\_\_\_

**To what extent do the following statements apply to the individual? There are no right or wrong answers.**

		Not at all [1]	A little [2]	Somewhat [3]	Quite a bit [4]	A lot [5]
1	They cooperate with people around them	1	2	3	4	5
2	Getting an education is important to them	1	2	3	4	5
3	They know how to behave in different social situations	1	2	3	4	5
4	Their parent(s)/caregiver(s) really look out for them	1	2	3	4	5
5	Their parent(s)/caregiver(s) know a lot about them	1	2	3	4	5
6	If they are hungry, there is enough to eat	1	2	3	4	5
7	People like to spend time with them	1	2	3	4	5
8	They talk to their family/caregiver(s) about how they feel	1	2	3	4	5
9	They are usually supported by their friends	1	2	3	4	5
10	They feel that they belong at their school	1	2	3	4	5
11	Their family/caregiver(s) stands by them during difficult times	1	2	3	4	5
12	Their friends stand by them during difficult times	1	2	3	4	5
13	They are treated fairly in their community	1	2	3	4	5
14	They have opportunities to show others that they are becoming an adult and can act responsibly	1	2	3	4	5
15	They feel safe when they are with their family/caregiver(s)	1	2	3	4	5
16	They have opportunities to develop skills that will be useful later in life (like job skills and skills to care for others)	1	2	3	4	5
17	They enjoy their family's/caregiver's cultural and family traditions	1	2	3	4	5

**For administration instructions and scoring, please refer to the accompanying manual.**

**When using the measure, please cite the following:**

Resilience Research Centre. (2018). CYRM and ARM user manual. Halifax, NS: Resilience Research Centre, Dalhousie University.  
 Retrieved from <http://www.resilienceresearch.org/>

Jefferies, P., McGarrigle, L., & Ungar, M. (2018). The CYRM-R: a Rasch-validated revision of the Child and Youth Resilience Measure.  
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